



Favorite Comfort Foods & International Flavors Served Your Way in a Bowl



Cold Sandwiches Made Fresh Your Way

Available Daily

Tortilla Wraps, Hoagie Rolls, and Whole Wheat Bread. Turkey, Ham, Assorted Cheeses Romaine Lettuce, Tomato, Onions, Cucumbers & Fresh Bell Peppers Freshly Made Side De Jour.



Daily Specials

Monday Southwest Wrap
Tuesday Chicken Caesar Wrap
Wednesday Little Italy Wrap
Thursday Buffalo Chicken Wrap
Friday Turkey BLT Wrap

Chicken Caesar Wrap w/ Broccoli Salad & Fresh Orange

		Wednesday	Thursday	Friday
<p>NATIONAL NUTRITION MONTH 2010 EAT. LEARN. LIVE DELICIOUSLY SAVOR THE FLAVOR OF HERBS & SPICES A REGISTERED SERVICE MARK OF THE AMERICAN DIETETIC ASSOCIATION</p>		1 Pork w/ Green Chile Spanish Rice Seasoned Corn Fresh Apple	2 Meatloaf Mashed Potatoes w/Gravy Green Peas Dinner Roll Apple Cobbler	3 Nachos w/ Meat and/or Beans Cilantro Rice Lettuce & Tomato Fresh Apple
		6 LABOR DAY NO SCHOOL	7 Teriyaki Chicken w/ Steamed Rice Broccoli Fresh Orange	8 Beef Soft Tacos Spanish Rice Mixed Vegetables Fresh Apple
13 Pasta w/ Meat Balls Tossed w/ Light Dressing Fresh Orange	14 Korean BBQ Pork Riblett w/ Steamed Rice Ginger Glazed Carrots Fresh Apple	15 Chicken Fajita w/ Flour Tortilla & Salsa Spanish Rice Mexi-Corn Chilled Mixed Fruit	16 Popcorn Chicken Mashed Potatoes w/ Gravy Peas & Carrots Biscuit Fresh Apple	17 Build Your Own Burrito w/ Seasoned Ground Beef and/or Pinto or Black Beans Cilantro Rice Fiesta Corn Fresh Orange
20 Chicken Cacciatore Steamed Rice Capri Mixed Vegetable Bread Stick Fresh Apple	21 Teriyaki Chicken w/ Steamed Rice Oriental Mixed Vegetables Fresh Orange	22 Beef & Cheese Enchilada Bake Spanish Rice Tossed Salad w/ Dressing Fresh Apple	23 Pulled BBQ Turkey on Bun Baked Beans Corn on Cob Apple Cobbler Fresh Orange	24 Nachos w/ Meat and/or Beans Cilantro Rice Lettuce & Tomato Fresh Apple
27 Chicken w/ Broccoli Alfredo Seasoned Green Beans Bread Stick Fresh Orange	28 Orange Chicken w/ Steamed Rice Oriental Mixed Vegetables Fresh Apple	29 Enchilada Style Burrito Spanish Rice Seasoned Corn Fresh Orange	30 Salisbury Steak Mashed Potatoes w/Gravy Peas Dinner Roll Fresh Apple	

A full student lunch includes choice of entrée, choice of fresh or chilled fruit, and/or side salad or vegetable side dish, and/or milk. Daily milk choices include 1% white, Non-Fat Milk and Non-Fat chocolate

Menu item is offered with the complete daily Balanced Choices® Meal Menu item is made w/ whole grain
Student Lunch is \$2.90...Reduced Lunch is .40 cents...Adult Lunch is \$3.50...Chartwells is an equal opportunity employer

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Classic Cheese and Pepperoni Pizza
Made w/ Reduced Fat Cheese Fresh Baked Daily

Specials:

Monday Sausage Pizza
Tuesday Hawaiian Style
Wednesday BBQ Chicken Pizza
Thursday Meat lovers Pizza
Friday Supreme



Lean Beef Burgers w/Cheese, Breaded Chicken, Spicy Chicken Sandwiches, Ham & Cheese Croissant, Hot Pocket and Bean w/Cheese
Burritos Available Daily

Specials:

Mondays Bacon Cheeseburger
Tuesdays Chicken Quesadilla
Wednesdays Buffalo Tenders w/ Ranch
Thursdays Max Sticks w/Marinara
Fridays Spicy BBQ Riblett Sandwich



Fresh Salads
Packaged for Grab N' Go

Specials:

Mondays Taco Salad
Tuesdays Chicken Caesar Salad
Wednesdays Chef Salad
Thursdays Chicken Caesar Salad
Fridays BBQ Chicken Salad
Always available Chinese Chicken Salad

Any questions please call:
Director of Dining Services
LeeAnne Frame 661-222-1220 ext. 655